



## 2<sup>nd</sup> TRIMORE Syros Triathlon 2017 Schedule

### Thursday 15<sup>th</sup> of June 2017

After 20:30	Arrival of athletes	
20:30 - 22:00	Pasta Party	(Summer Cinema - Hermoupolis)
22:00 - 23:00	Water Polo Games	(Nissaki area)
23:00 - 24:00	Mild entertainment	(Nissaki area)

### Friday 16<sup>th</sup> of June 2017

09:00	5,5km open water swimming <b>start</b>	(Fabrika)
09:45	3,5km open water swimming <b>start</b>	(Vari)
10:15	0,5km open water swimming <b>start</b>	(St. Antonios)
10:15 - 11:30	Races' endings	(M. Yialos – St. Antonios)
09:30 - 11:30	<b>Obstacle Shooting Race - Dirty Biathlon</b>	(Shooting field Vari)
12:00 - 13:00	<b>Book presentation – Tearless battle</b>	(Apollo Theatre)
14:00 - 15:00	<b>Kids dance show (Ballet)</b>	(Apollo Theatre)
17:00 - 18:30	<b>Water-Obstacle Triathlon (Pilot Version)</b>	(Galissas)
19:15 - 20:30	<b>Scientific Workshop – Technical update</b>	(Apollo Theatre)
20:30 - 21:30	<b>Pasta Party</b>	(Summer Cinema - Hermoupolis)
21:30 - 23:00	<b>Journalists and sponsors reception</b>	(Summer Cinema - Hermoupolis)
22:00 - 23:00	<b>Water Polo Games</b>	(Nissaki)
23:00 - 24:00	<b>Mild entertainment</b>	(Nissaki)

### Saturday 17<sup>th</sup> of June 2017

07:15 - 07:30	Brief technical update	(Nissaki)
07:30 - 07:45	Swimming warm up - Olympic Distance athletes transfer to starting point	
08:00 - (12:30)	Starting of <b>Olympic και Half Olympic distance Triathlon</b>	(Port – Vaporia area)
13:00	Άρση ποδηλάτων από Racks	
13:30 - 15:30	<b>Obstacle Shooting Race</b>	(Shooting field Vari)
12:00 - 13:30	<b>SUP Event</b>	(Finikas)
13:30 - 15:00	<b>Kayak Event</b>	(Finikas)
18:30 - 19:45	<b>5k &amp; 10k City Running</b>	(Miaouli sq)
20:00 - 20:30	<b>Sea demonstration   SUP Support</b>	(Beach – Ermou st)
20:30 - 22:00	<b>Awards Ceremony – Small celebration</b>	(Miaouli sq)
22:00 -	<b>DJ Party</b>	(Miaouli sq)

### Sunday 18<sup>th</sup> of June 2017

09:00 - 09:15	Kids race technical update	(Nissaki)
09:15 - 09:30	Warm up	
09:30 - (10:30)	<b>Kids triathlon race starting</b> (2 starting based on age groups)	
11:00 - 13:00	<b>Obstacle swimming</b> (adults - kids)	(Nissaki)
13:30 - 14:15	<b>Awards and photoshooting</b> for kids and special swimmers	